NOFAS has been the leading voice and resource of the Fetal Alcohol Spectrum Disorders (FASD) community for nearly a quarter of a century. It is the only international non-profit organization committed solely to FASD prevention, support, and advocacy. NOFAS seeks to create a global community free of alcohol-exposed pregnancies and improve the quality of life for affected individuals and families.

Fetal Alcohol Spectrum Disorders (FASD) describe the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. These effects may include physical, mental, behavioral, and/or learning disabilities with lifelong implications. Identifiable conditions associated with prenatal alcohol exposure under the FASD umbrella range in severity.

How does NOFAS allocate its resources?

- Support for Individuals and families: 25%
- Public Awareness: 22%
- Affiliates and Partners: 15%
- Advocacy: 12%
- Support for Birth Mothers: 10%
- Student and Professional Training: 8%
- Media and Video: 8%

Since NOFAS was founded in 1990, we have:

- Developed the first FASD affiliate network (40 member organizations)
- Developed the first FASD curriculum for medical and allied health students, presented the course continuously since 1994
- Responded to tens of thousands of specific requests for information and referrals
- Founded the Circle of Hope, the first international support group for FASD birth mothers
- Trained thousands of educators, health and legal professionals, students, and community groups
- Implemented Screening and Brief Intervention (SBI) in nearly 50 Community Health Center clinical sites
- Helped write and enact federal FASD legislation and advanced numerous policy initiatives
- Influenced the provisional inclusion of ND-PAE in the most recent Diagnostic and Statistical Manual of Mental Disorders (DSM-5)
- Advocated for the inclusion of FASD in the World Health Organization's guidelines for pregnant substance abusing women

NOFAS Objectives

- Provide referrals, resources, and information on FASD and alcohol during pregnancy through a national clearinghouse
- Develop and implement culturally appropriate public health prevention strategies targeted to diverse populations nationwide
- Collaborate with partners and collations to expand awareness and understanding of FASD
- Educate medical and allied health care professionals about the range of effects related to alcohol and pregnancy
- Promote the NOFAS mission through local and national media
- Promote national policies knowledge and services for those with FASD
- Support mothers and other caregivers through the Circle of Hope program

For more information, please visit our website!

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