



National Organization on Fetal Alcohol Syndrome

Educating the public, professionals and policymakers about alcohol use during pregnancy and supporting children and families living with Fetal Alcohol Spectrum Disorders.

Addiction Treatment Professionals:

You can prevent Fetal Alcohol Spectrum Disorders (FASD)!

The National Organization on Fetal Alcohol Syndrome (NOFAS) invites you to partner with us to prevent children from being born with FASD.

How you can help:

- Provide counseling sessions for women who have used substances including alcohol while pregnant;
- Educate your staff about FASD; contact NOFAS to receive information about the *NOFAS FASD Curriculum for Addiction & Allied Health Professionals - Level I and Level II. (NAADAC Course, Provider # 704, 22 CEU's)*;
- Display NOFAS FASD Prevention posters in your treatment center;
- Distribute FASD prevention brochures in your agency waiting areas;
- Include current FASD education in your curriculum;
- Refer women who have used substances while pregnant or who have children with FASD to the NOFAS Circle of Hope Birth Mothers Network (COH-BMN);***
- Assist your patients by providing referrals to have their children assessed for possible FASD.

*** The **Circle of Hope Birth Mother's Network (COH-BMN)** is a network of women who have consumed alcohol during pregnancy and may have a child or children with **Fetal Alcohol Spectrum Disorders (FASD)**. Many of the women are in recovery from alcohol, or alcohol and drug addiction. However the network also includes women without the diseases of alcoholism or addiction, but who drank alcohol during pregnancy. The women of the COH-BMN support one another in recovery and/or through the challenges of parenting a child with FASD. They serve as mentors to women newly in recovery, and collectively seek to overcome the stigmatization of alcoholism, addiction and FASD.



FASD prevention materials and strategies to prevent the disorder are free!

Contact NOFAS Vice President and COH-BMN Founder Kathleen Mitchell
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Together we can support women and their families to recover and heal.